

13 400m Individual Medley Mixed Final

Official

☰ Entries

☰ Heats

Total

Rank	Competitor	Age	Club	RT	FINA	Result
1	 Coombs C...	33	Roskill Mast...	+0.78		5:14.06 Entry: 5:15.00 (- 0.94)
	50m: 31.28		100m: 1:08.49 (37.21)			
	150m: 1:50.11 (41.62)		200m: 2:30.54 (40.43)			
	250m: 3:16.86 (46.32)		300m: 4:02.48 (45.62)			
	350m: 4:39.22 (36.74)		400m: 5:14.06 (34.84)			
2	 Bowman Billy	27	Unattched	+0.73		5:45.76 Entry: 5:30.00 (+ 15.76)
	50m: 33.24		100m: 1:10.98 (37.74)			
	150m: 1:55.90 (44.92)		200m: 2:39.97 (44.07)			
	250m: 3:33.78 (53.81)		300m: 4:27.33 (53.55)			
	350m: 5:08.00 (40.67)		400m: 5:45.76 (37.76)			
3	 Lockhart Ri...	60	SwimTastic ...	+0.85		5:50.30 Entry: 5:47.36 (+ 2.94)
	50m: 36.28		100m: 1:20.56 (44.28)			
	150m: 2:08.89 (48.33)		200m: 2:54.98 (46.09)			
	250m: 3:41.91 (46.93)		300m: 4:28.32 (46.41)			
	350m: 5:10.95 (42.63)		400m: 5:50.30 (39.35)			
4	 Scott Gemma	34	Waitakere C...	+0.93		5:54.32 Entry: 5:56.85 (- 2.53)
	50m: 36.52		100m: 1:21.43 (44.91)			
	150m: 2:07.36 (45.93)		200m: 2:52.33 (44.97)			
	250m: 3:42.86 (50.53)		300m: 4:33.86 (51.00)			
	350m: 5:14.92 (41.06)		400m: 5:54.32 (39.40)			
5	 Valler Jade	33	Central Haw...	+0.87		6:06.29 Entry: 6:35.13 (- 28.84)
	50m: 37.93		100m: 1:23.95 (46.02)			
	150m: 2:13.15 (49.20)		200m: 2:59.38 (46.23)			
	250m: 3:53.70 (54.32)		300m: 4:47.47 (53.77)			
	350m: 5:27.79 (40.32)		400m: 6:06.29 (38.50)			
6	 Broekhuize...	57	Hamilton Aq...	+0.93		6:37.06 Entry: 6:51.00 (- 13.94)
	50m: 36.80		100m: 1:24.76 (47.96)			
	150m: 2:17.15 (52.39)		200m: 3:12.39 (55.24)			
	250m: 4:07.16 (54.77)		300m: 5:03.68 (56.52)			
	350m: 5:51.25 (47.57)		400m: 6:37.06 (45.81)			
7	 Mccane Br...	53	Dunedin Ma...	+0.85		6:54.34 Entry: 6:40.87 (+ 13.47)
	50m: 48.96		100m: 1:45.77 (56.81)			
	150m: 2:40.34 (54.57)		200m: 3:31.55 (51.21)			
	250m: 4:31.25 (59.70)		300m: 5:30.40 (59.15)			
	350m: 6:15.33 (44.93)		400m: 6:54.34 (39.01)			
8	 Swallow Ri...	67	Masterton M...	+0.85		7:03.39
	50m: 39.92		100m: 1:25.01 (45.09)			
	150m: 2:21.79 (56.78)		200m: 3:19.60 (57.81)			
	250m: 4:21.36(1:01.76)		300m: 5:24.88(1:03.52)			
	350m: 6:15.02 (50.14)		400m: 7:03.39 (48.37)			
						8:30.65

9

Shiers Debra

59

Waitakere C... +0.98

Entry: 8:00.00 (+ 30.65)

50m: 57.42

100m: 2:03.20(1:05.78)

150m: 5:27.32(3:24.12)

200m: 4:17.08

250m: 7:37.69(3:20.61)

300m: 6:37.77

350m:

400m: 8:30.65(8:30.65)